


# TICK-BORNE ENCEPHALITIS

- Caused by virus obtained from tick bites or unpasteurized dairy products
  - Increased risk March-November
- Symptoms
  - Fever - followed by a 4-10 day recovery
    - followed by fever and severe brain inflammation
- Countermeasures  Prevent tick bites
  - Use the DOD Insect Repellent System
  - Sleep under a permethrin-treated bed net
  - Regular examination of clothing and skin for ticks; promptly remove attached ticks
  - Drink only milk approved by the U.S. military

